



SU GOLOGONE

EXPERIENCE HOTEL

SARDINIA • ITALY

Experiences

'Are you ready to delve into the sensational Sardinian nature, culture and gourmet food?,'

Staying at Su Gologone feels out of this world.

Not only is the hotel a treasure trove of various appealing areas, but you will be met with an exceptional array of the most disparate experiences, from **natural wonders** like canyons or **enchanting beaches** to inspiring activities, a look into **Sardinian food** and **culture**, interesting **arts** and **crafts** courses, **star-gazing**, **cooking** experiences as well as **yoga**, **reiki** and **meditation classes**.

Every day is an exciting new discovery.

NATURE EXPERIENCES & EXCURSIONS >>

SPORT EXPERIENCES >>

FOOD & WINE EXPERIENCES >>

CREATIVE EXPERIENCES >>

FOLK & CULTURAL EXPERIENCES >>





↳ Tiscali, the Nuragic village ↳ Tiscali, the Cave ↳ Lanaitho forests ↳ Corراسi mountain
↳ Corراسi (along S'Ishala 'e Marras) ↳ Sunset on the Corراسi ↳ Corراسi mountain & Lanaitho valley
↳ S'Abba Mediha cave ↳ Gorropu canyon ↳ Tour of the Pinettos ↳ Orgosolo Supramonte
↳ Punta La Marmora view ↳ Su Serhone sinkhole ↳ Su Gologone spring
↳ From Pradu to Lanaitho ↳ Cala Luna ↳ Coast to Coast experience
↳ Excursion and night with the shepherds

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nature experiences & excursions

NOTES

↳ LAND ROVER TRANSFER
INCLUDED IN THE PRICE,
not included in the "duration"
of the excursion
Please refer to the entry
"TRANSFER LAND ROVER"

↳ CHILDREN COST: 0 - 4 YEARS OLD FREE / 5 -12 YEARS € 50

↳ GUIDE ITALIAN / ENGLISH / FRENCH



TISCALI, THE NURAGIC VILLAGE

A mysterious, unusual place in the heart of Sardinia, Tiscali is a Nuragic hamlet, with archaeological finds dating back to the Bronze Age and the I/II c. BC. Not to be missed.

departure	IN THE MORNING
min. pax	2
cost	€ 100 P.P.
duration	3 / 4 HOURS
transfer	LAND ROVER: 60 MINUTES RETURN
shoes	TREKKING SHOES MEDIUM / HIGH
difficulty	
packed lunch	NOT INCLUDED
drinks	INCLUDED WATER
notes	TICKET € 5 You may combine this with the Lunch with the Shepherds in the Pinnettu 2 pax - € 150 p.p. / from 4 pax - € 100 p.p.



TISCALI, THE CAVE

Be a speleologist for a day inside the Tiscali sinkhole. Time your visit at midday and you'll see the astonishing rays of light which look like a laser beam.

departure	IN THE MORNING
min. pax	2
cost	€ 100 P.P.
duration	3 / 4 HOURS
transfer	LAND ROVER: 40 MINUTES RETURN
shoes	TREKKING SHOES
difficulty	EASY
packed lunch	NOT INCLUDED
drinks	INCLUDED WATER
notes	You may combine this with the Lunch with the Shepherds in the Pinnettu 2 pax - € 150 p.p. / from 4 pax - € 100 p.p.



LANAITHO FORESTS

Completely enclosed by the Supramonte peaks, the Lanaitho forests will amaze you in view of their beauty and their being so lush. A unique setting with caves, archaeological sites and traditional sheepfolds.

departure	IN THE MORNING
min. pax	2
cost	€ 80 P.P.
duration	3 / 4 HOURS
transfer	LAND ROVER: 40 MINUTES RETURN
shoes	TREKKING SHOES
difficulty	EASY
packed lunch	NOT INCLUDED
drinks	INCLUDED WATER
notes	TICKETS Sa Ohe Cave: € 2 - Corbeddu Cave: € 5 Archeological Site "Sa Sedda de Sos Carros: €



CORRASI MOUNTAIN

The highest peak in the Supramonte plateau, the Corراسi mountain (1463 m) is a chalky/dolomite massif. Come and discover its imposing beauty.

departure	IN THE MORNING AND AFTERNOON
min. pax	2
cost	€ 100 P.P.
duration	4 HOURS
transfer	LAND ROVER: 80 MINUTES RETURN
shoes	TREKKING SHOES
difficulty	MEDIUM
packed lunch	NOT INCLUDED
drinks	WATER INCLUDED
notes	You may combine this with the Lunch with the Shepherds in the Pinnettu 2 pax - € 150 p.p. / from 4 pax - € 100 p.p.



CORRASI (ALONG S'ISHALA 'E MARRAS)

You will reach the highest peak in Supramonte following the ancient Shepherds' path - S'Ishala 'e Marras – and then walk down along the opposite face. New emotions on the horizon.

departure	IN THE MORNING
min. pax	2
cost	€ 120 P.P.
duration	5 / 6 HOURS
transfer	LAND ROVER: 80 MINUTES RETURN
shoes	TREKKING SHOES
difficulty	MEDIUM / HIGH
packed lunch	INCLUDED
drinks	WATER INCLUDED



SUNSET ON THE CORRASI

It is hard not to fall in love with the enchanting colours of a Corراسi sunset. Come and discover the highest peak in the Supramonte and be enticed by its charm.

departure	IN THE AFTERNOON
min. pax	2
cost	€ 90 P.P.
duration	3 HOURS
transfer	LAND ROVER: 80 MINUTES RETURN
shoes	SNEAKERS / TREKKING SHOES
difficulty	MEDIUM
food	COLD CUTS AND CHEESE PLATTER
drinks	HOUSE WINE OR ROSÉ AND WATER



CORRASI MOUNTAIN & LANAITHO VALLEY

Enjoy the majestic Corrasi mountain, followed by an outing along the exceptional, unexpected Lanaitho valley, with its fairy-tale colours and scenery.

departure	IN THE MORNING AND AFTERNOON
min. pax	2
cost	€ 120 P.P.
duration	4 HOURS
transfer	The excursion takes place mainly by car. Suitable for people with limited mobility
shoes	SNEAKERS / TREKKING SHOES
difficulty	EASY
packed lunch	NOT INCLUDED
drinks	WATER INCLUDED
notes	TICKETS Sa Ohe Cave: € 2 - Corbeddu Cave: €5 Archeological Site "Sa Sedda de Sos Carros:€ 5 You may combine this with the Lunch with the Shepherds in the Pinnettu 2 pax - € 150 p.p. / from 4 pax - € 100 p.p.



S'ABBA MEDIHA CAVE

A dazzling cave, close to inaccessible walls, deep within the Mediterranean forest. You will discover S'Abba Mediha which, legend has it, holds a miracle source.

departure	IN THE MORNING AND AFTERNOON
min. pax	2
cost	€ 90 P.P.
duration	3 / 4 HOURS
transfer	LAND ROVER: 20 MINUTES RETURN
shoes	TREKKING SHOES
difficulty	MEDIUM
packed lunch	NOT INCLUDED
drinks	WATER INCLUDED
notes	You may combine this with the Lunch with the Shepherds in the Pinnettu 2 pax - € 150 p.p. / from 4 pax - € 100 p.p.



GORROPU CANYON

Between Barbagia and Ogliastra lies one of the biggest canyons in Europe, where water holes sit alongside white boulders. Truly staggering.

departure	IN THE MORNING
min. pax	4
cost	€ 140 P.P.
duration	5 / 6 HOURS
transfer	LAND ROVER: 120 MINUTES RETURN
shoes	TREKKING SHOES
difficulty	MEDIUM / HIGH
packed lunch	INCLUDED
drinks	WATER INCLUDED
notes	TICKET € 7



TOUR OF THE PINNETTOS

Get to know the typical Sardinian shepherd's huts, conceived with dry-stone walls and juniper trunks.

departure	IN THE MORNING
min. pax	2
cost	€ 130 P.P.
duration	5 / 6 HOURS
transfer	LAND ROVER: 40 MINUTES RETURN
shoes	SNEAKERS / TREKKING SHOES
difficulty	MEDIUM
packed lunch	INCLUDED
drinks	WATER INCLUDED



ORGOSOLO SUPRAMONTE

Trackless and inaccessible, this is where bandits and shepherds used to hide; go and see untouched forests, nuraghi and other stunning, wild Barbagia sites in a unique setting.

departure	IN THE MORNING
min. pax	4
cost	€ 120 P.P.
duration	5 / 6 HOURS
transfer	THE EXCURSION TAKES PLACE MAINLY BY CAR. SUITABLE FOR PEOPLE WITH LIMITED MOBILITY.
shoes	SNEAKERS / TREKKING SHOES
difficulty	EASY
packed lunch	INCLUDED
drinks	WATER INCLUDED



PUNTA LA MARMORA VIEW

A sensational 360° view on the whole of Sardinia awaits from its highest peak (1834 m), reached via paths and ridges.

departure	IN THE MORNING
min. pax	4
cost	€ 150 P.P.
duration	4 / 5 HOURS
transfer	LAND ROVER: 140 MINUTES RETURN
shoes	SNEAKERS / TREKKING SHOES
difficulty	MEDIUM
packed lunch	INCLUDED
drinks	WATER INCLUDED



SU SERHONE SINKHOLE

The biggest karstic sinkhole in Europe, Su Serhone can be reached via holm oak paths and small meadows within Supramonte.

departure	IN THE MORNING
min. pax	2
cost	€ 130 P.P.
duration	4 / 5 HOURS
transfer	LAND ROVER: 40 MINUTES RETURN
shoes	TREKKING SHOES
difficulty	HIGH
packed lunch	INCLUDED
drinks	WATER INCLUDED



SU GOLOGONE SPRING

Discover the springfall from where is born the name of the hotel. Only 200 mt from the property. Take a walk by the river and visit the little church “the mercy”.

departure	ANYTIME DURING THE DAY
min. pax	1
duration	1 HOUR
shoes	SNEAKERS
notes	TICKET € 3 NO GUIDE NEEDED



FROM PRADU TO LANAITTHO

A unique trail that makes you discover the flora and fauna of our Gennargentu Mountain. Climb down from Pradu at 1200 m of altitude, passing through the upland of Sovana to finally arrive in the Lanaittho valley.

departure	IN THE MORNING
min. pax	2
cost	€ 120 P.P.
duration	4 / 5 HOURS
transfer	LAND ROVER: 60 MINUTES RETURN
shoes	TREKKING SHOES
difficulty	MEDIUM
packed lunch	INCLUDED
drinks	INCLUDED water



EXCURSION & NIGHT WITH THE SHEPHERDS

Sleep in the typical house of the shepherds: the Pinnetthu. have dinner with the typical products cooked by the shepherds and listen to their stories in front of the fire. Landscape and the starry skies are surreal in this magical place in the middle of nowhere. In the morning wake up on a beautiful sunrise over the mountain.

departure	BEFORE SUNSET, RETURN AFTER SUNRISE
min. pax	2
cost	€ 500 P.P. (depends on the customization of the experience)
duration	ALL NIGHT
transfer	
shoes	TREKKING SHOES
difficulty	EASY
meal	INCLUDED
drinks	WATER INCLUDED



CALA LUNA

It will feel like Paradise in sublime Cala Luna, reached on foot in the morning, while the return is by boat in the afternoon.

departure	IN THE MORNING
min. pax	2
cost	€ 110 P.P. WITH RETURN BY BOAT
duration	4/5 HOURS 80 MINUTES RETURN
transfer	
shoes	TREKKING SHOES HIGH
difficulty	
packed lunch	INCLUDED
drinks	WATER INCLUDED
notes	EXTRA: TICKETS FOR THE BOAT ADULTS € 22 / CHILDREN € 10




COAST TO COAST EXPERIENCE

The enchantment of the Orosei Gulf in a sensational guided tour. Discover the hidden spots and best panoramic point overlook of our beautiful coast. The visit to Nuraghe Mannu can also be organized.

departure	IN THE MORNING
min. pax	2
cost	€ 120 P.P.
duration	4 / 5 HOURS
transfer	THE EXCURSION TAKES PLACE MAINLY BY CAR
shoes	TREKKING SHOES EASY
difficulty	
packed lunch	INCLUDED
drinks	WATER INCLUDED

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A person is standing on a dark, rocky mountain peak, looking out over a vast, hazy valley at sunset. The sun is a bright, glowing orb in the center of the sky, casting a warm orange light over the landscape. The person is silhouetted against the bright sky, wearing a backpack and a light-colored shirt. The foreground shows the rough, dark rocks of the mountain. The background consists of rolling hills and valleys, all shrouded in a soft, hazy light from the setting sun. The sky is a mix of orange, yellow, and a hint of blue at the top.

👉 horseback riding 👉 Rock climbing 👉 Abseiling and fixed rope route
👉 kayak/ hiking 👉 E bike tour in the Lanaittho Valley
👉 E bike tour of the Oddoene Valley and its natural falls
👉 Yoga 👉 Meditation

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👉 sport & meditation experiences ,



HORSEBACK RIDING

Discover the beautiful area near the hotel from another perspective. Get in touch with nature by this horseback riding tour.

departure	MORNING, EVENING
min. pax	2
cost	€ 100/HOUR P.P.
duration	FROM 1 HOUR TO 3 HOURS
transfer	-
shoes	SNEAKERS OR CLOSED SHOES
difficulty	EASY TO MEDIUM
packed lunch	NOT INCLUDED
drinks	INCLUDED
notes	Departure from the hotel near the white entrance gate



ROCK CLIMBING

Enjoy exciting and memorable ascents and descents in our fantastic rock climbing experience. Choose between a varieties of itinierary between Selvaggio Blu, Cala fuili, Lanaittho, Cala Biriola, Baunei.

departure	MORNING, EVENING
min. pax	2 / MAX 4 (FOR MULTI-PITCH MAX 2) AGE REQUIREMENTS: MIN 14 YEARS OLD
cost	€ 120 P.P.
duration	HALF DAY
transfer	NOT INCLUDED
shoes	TREKKING OR CLIMBING SHOES
difficulty	MEDIUM TO HIGH
packed lunch	NOT INCLUDED
drinks	WATER INCLUDED
notes	Insurance included in the price. Min 2 days notices for every booking due to the insurance office that close on friday morning.



ABSEILING AND FIXED ROPE ROUTE

Recommended for those who want to experience the thrill of their first fixed rope. Choose between a varieties of itinierary between Selvaggio Blu, Cala fuili, Lanaittho, Cala Biriola, Baunei.

departure	MORNING
min. pax	8 / MAX 12 - AGE REQUIREMENTS: MIN 14 YEARS OLD
cost	€ 120 P.P.
duration	HALF DAY
transfer	NOT INCLUDED
shoes	TREKKING OR CLIMBING SHOES
difficulty	EASY TO MEDIUM
packed lunch	NOT INCLUDED
drinks	WATER INCLUDED Insurance included in the price.
notes	Min 2 days notices for every booking due to the insurance office that close on friday morning.



KAYAK/HIKING

A kayak outing along fascinating ravines, reaching a marvellous river 80 km long. Depart from Su Gologone spring fall and arrive to the beautiful Church of San Pantaleo of Dorgali.

departure	MORNING, EARLY AFTERNOON
min. pax	1
cost	€ 20 P.P. EITHER SINGLE KAYAK OR DOUBLE
duration	FROM 1 HOUR TO 3 HOURS
transfer	-
shoes	OPEN SHOES ARE RECOMMENDED
difficulty	EASY
packed lunch	NOT INCLUDED NOT INCLUDED
drinks	WATER INCLUDED
notes	Due to the heat the river cedrino eventually dries out, so the recommended period to do this experience is from April to mid July normally. Then from last weeks of September onwards. Payment direct to the company at the river.



E BIKE TOUR IN THE LANAITTHO VALLEY

E bike guided tour in Lanaittho, where you will discover new glimpses of the valley through 25 km itinerary.

departure	EVERY SUNDAY AT 9 AM
min. pax	4 REQUIREMENTS: 140 CM HEIGHT
cost	€ 120 P.P.
duration	FROM 9 AM TO 1 PM
transfer	
shoes	SNEAKERS
difficulty	EASY TO MEDIUM
packed lunch	NOT INCLUDED
drinks	INCLUDED WATER
notes	The tour will depart from the hotel or the Su Gologone spring fall. A full day tour can be organized at € 200 P.P.



E BIKE TOUR OF THE ODDOENE VALLEY AND ITS NATURAL FALLS

from the Cannonau vineyards to the cristal clear water of the flumeneddu river: explore the valley of Oddoene and admire an unique scenery framed in the mountain of Supramonte.

departure	EVERY TUESDAY, THURSDAY AND SATURDAY AT 3.30 PM
min. pax	4 - REQUIREMENTS: 140 CM HEIGHT
cost	€ 120 P.P.
duration	FROM 3.30 PM TO 6.30 PM
transfer	TO THE MEETING POINT IN DORGALI NOT INCLUDED
shoes	SNEAKERS
difficulty	EASY TO MEDIUM
packed lunch	NOT INCLUDED
drinks	INCLUDED water
notes	A full day tour can be organized at € 200 p.p.



YOGA

Private or group outdoor lessons with a Yoga Instructor.

min. pax	2
cost	€ 160 P.P.
duration	MIN 2 HOURS
difficulty	EASY TO MEDIUM
notes	yoga mat and yoga block included in the price



MEDITATION

Private or group outdoor lessons with a Meditation Instructor.

min. pax	2
cost	€ 160 P.P.
duration	MIN 2 HOURS
difficulty	EASY TO MEDIUM
notes	yoga mat and yoga block included in the price

\\ Cooking course \\ Show cooking \\ Visit to the beekeeping company and honey tasting
\\ Picnic on the beach \\ Picnic in the mountains \\ Lunch with the shepherds
\\ Mirto tasting \\ Wine tasting \\ Visit the wine cellar

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' food & wine experiences,





COOKING COURSE

The Sardinian grandmas will guide our guests through the preparation of traditional pastas. They can make two to four different types of pasta, usually are our “bocciu” (a type of gnocchetti), “maccarrones de busa” (they look like bucatini pasta) and obviously our Sardinian version of ravioli (dumplings): “culurgiones” and lastly “Orecchiette”.

min. pax	FROM 2 TO 8 MAXIMUM
cost	€ 110 P.P.
duration	1 HOUR AND AN HALF
difficulty	EASY TO MEDIUM



SHOW COOKING

See how hand-made pasta and bread is made. usually organized for larger groups, a tasting of the delicious dishes from the oven is included.

min. pax	8
cost	€ 50 P.P.
duration	2 HOURS
difficulty	-



VISIT TO THE BEEKEEPING COMPANY AND HONEY TASTING

Visit a beekeeping company in Oliena and discover the bees world and its secrets. Conclude with a tasting of 4 different types of honey produced.

departure	MORNING, AFTERNOON
min. pax	2
cost	€ 120 P.P.
duration	2 HOURS
transfer	INCLUDED
shoes	COMFORTABLE SHOES
difficulty	-

notes	This experience will begin at the end of June until October
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PICNIC ON THE BEACH

You may combine the beach outing with a picnic basket, full of local delicacies and drinks, as well as a mat for you to sit on.

min. pax	1
cost	€ 50 P.P.
food	1 STARTER, 1 MAIN COURSE, 1 SIDES AND FRUIT
drinks	BOTTLE OF WINE AND WATER

notes food can be personalized according to food allergies and guest's preferences



PICNIC ON THE MOUNTAIN

You may combine an outing on the mountain (Corrasi, Lanaitho, etc) with a picnic basket, full of local delicacies and drinks, as well as a mat for you to sit on.

min. pax	1
cost	€ 50 P.P.
food	1 STARTER, 1 MAIN COURSE, 1 SIDES AND FRUIT
drinks	BOTTLE OF WINE AND WATER

notes food can be personalized according to food allergies and guest's preferences

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LUNCH WITH THE SHEPHERDS

have the most memorable meal in Sardinia in the typical house of the shepherds - the pinnetthu - and have a taste of traditional food at km 0.

min. pax	2
cost	2 PAX € 150 P.P. / FROM 4 PAX € 100 P.P.
duration	2 TO 3 HOURS
transfer	INCLUDED
shoes	TREKKING SHOES OR SNEAKERS
difficulty	EASY
drinks	INCLUDES BOTTLE OF WINE AND WATER

notes This experience can be combined with some of the excursions; check the notes to see with which one can be paired



MIRTO TASTING

Mirto Liquor it's obtained from the myrtle plant through the alcoholic maceration of the berries or a compound of berries and leaves. have a tasting of 4 different types of Mirto with a well known Sardinian producer.

min. pax 4
cost € 100 P.P.
when UPON REQUEST

notes It's possible to organize a visit in the estate where is produced, in Olbia.
Speak with concierge for more information.



WINE TASTING

TASTE 4 REGIONAL WINES WITH A SOMMELIER IN THE WINE CELLAR:

- ✓ Tasting techniques & how to combine food and wine
- ✓ Evaluate the quality of the wine
- ✓ Vineyards and territories

min. pax 2
cost € 60 P.P.
duration 1 HOUR
difficulty EASY TO MEDIUM

notes A personalized wine tasting experience featuring fine, carefully selected wines is available by arrangement.
Pricing & Wine List provided upon request.



VISIT THE WINE CELLAR

Visit the different wine cellar of Oliena, where the well known Nepente and Carros wine are made, with the explanation of the different stages and an added wine tasting.

min. pax 4
cost € 30/50 P.P.
when OPEN FROM MONDAY TO SATURDAY

notes This experience has to be book at least one day in advance.

\\ Embroidery course \\ Sewing course \\ Create your very own souvenir
\\ Mosaic course \\ Paint and drink \\ Ceramic course \\ Origami course
\\ Creative recycling \\ Jewellery course

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creative experiences,



EMBROIDERY COURSE

Create precious embroidery,
between tradition and modernity

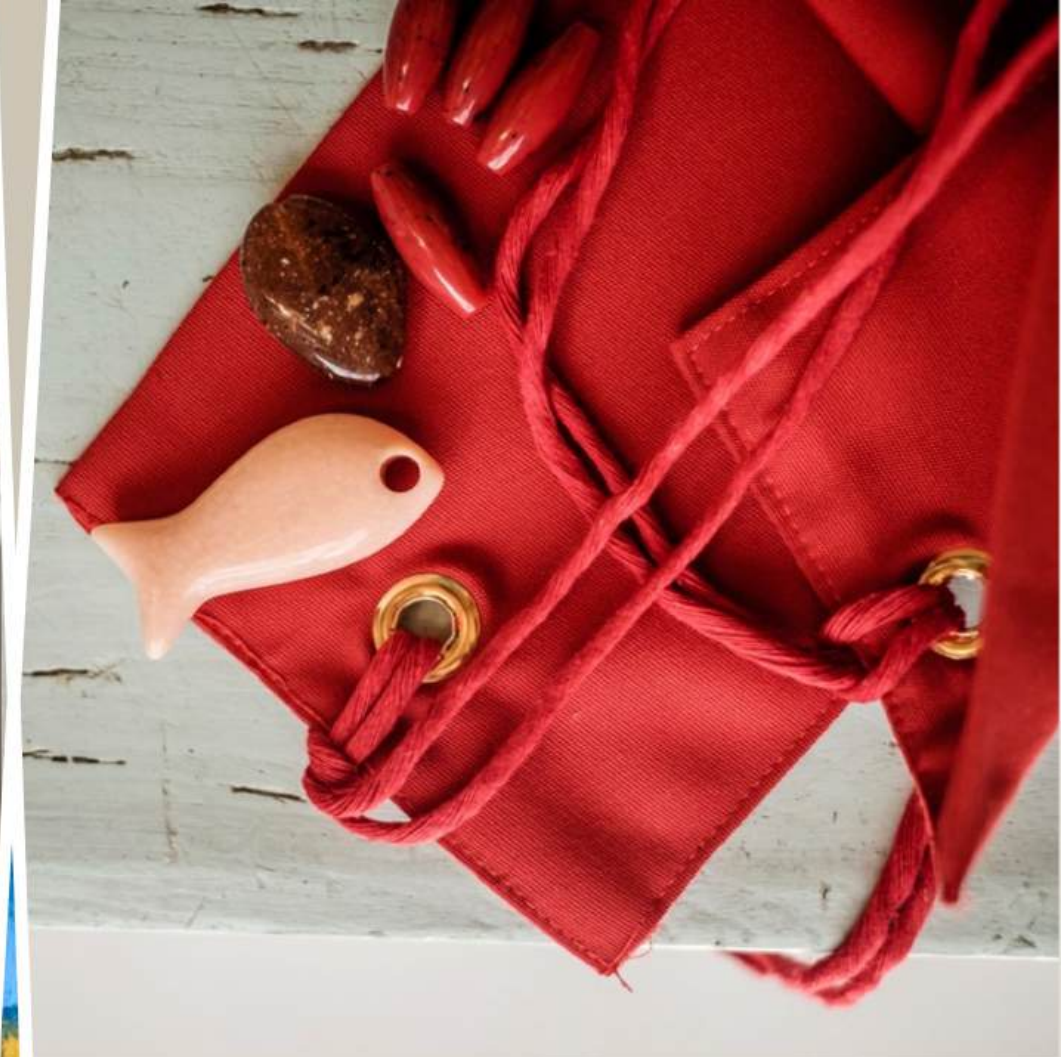
min. pax	1
cost	€ 70/HOUR P.P.
duration	1 TO 2 HOURS
difficulty	EASY



SEWING COURSE

Craft artisan objects like bags, table and bed linen
or clothes for children.

min. pax	1
cost	€ 50/HOUR P.P.
duration	1 TO 2 HOURS
difficulty	EASY



CREATE YOUR VERY OWN SOUVENIR

Craft your one-of-a-kind holiday
souvenir: from phone holder, to keychain
and so on.

min. pax	1
cost	€ 60/HOUR P.P.
duration	1 HOUR
difficulty	EASY



MOSAIC COURSE

Learn this art, from cutting the tile to creating a full mosaic.

min. pax	2
cost	€ 100/HOUR P.P.
duration	1 TO 2 HOURS
difficulty	EASY



PAINT AND DRINK

Pick a subject to paint and let our teacher guide you through the different painting techniques while enjoying a glass of wine.

min. pax	2
cost	€ 150/HOUR P.P.
duration	1 TO 2 HOURS
difficulty	EASY
drinks	A BOTTLE OF WINE EVERY 2 PEOPLE INCLUDED

notes	Choose between a bottle of Nepente (red) a bottle of Costamolino (white) a bottle of Oro Rosa (sparkling rose)
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CERAMIC COURSE

Learn to mould ceramics, searching for ancient Barbagia myths.

min. pax	2
cost	€ 100/HOUR P.P.
duration	1 TO 2 HOURS
difficulty	EASY

notes	The course doesn't include the cooking of the object that will be made in the class. Please ask to the concierge for more information about the cooking and the shipping costs.
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ORIGAMI COURSE

Crafting small paper masterpieces, from easy shapes to more complex ones.

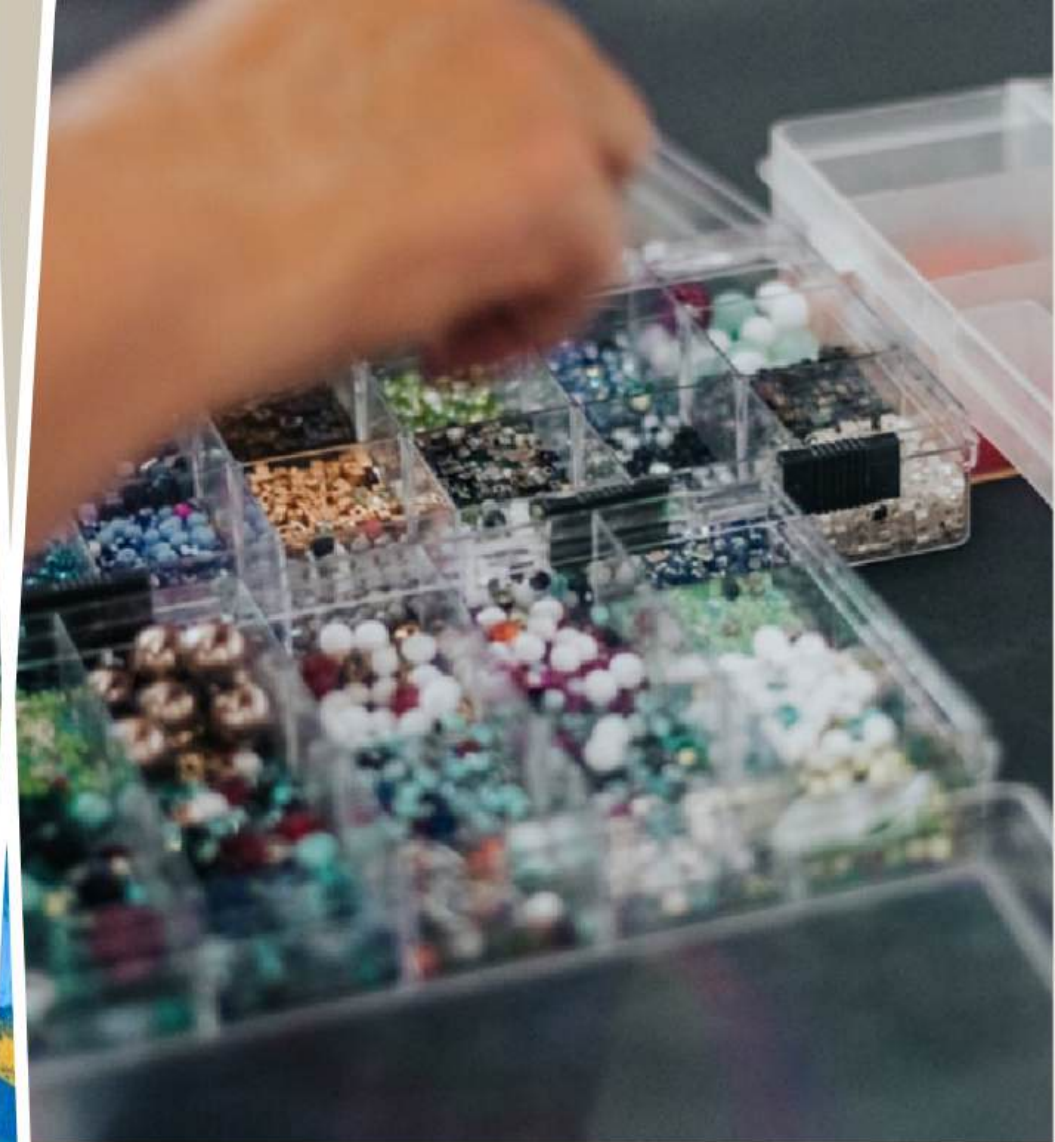
min. pax	1
cost	€ 50/HOUR P.P.
duration	1 TO 2 HOURS
difficulty	EASY



CREATIVE RECYCLING

Give new life to old objects, making them functional again.

min. pax	1
cost	€ 110 P.P.
duration	2 HOURS
difficulty	EASY



JEWELLERY COURSE

Craft small jewels, using the colours of our land.

min. pax	1
cost	€ 90/HOUR P.P.
duration	1 TO 2 HOURS
difficulty	EASY

- 🔪 Sardinian dances 🔪 Tenores night 🔪 Star gazing
- 🔪 Open-air cinema 🔪 Art paths 🔪 Su Gologone library
- 🔪 Visit the historic centre of Oliena
- 🔪 Visit the historic centre of Orgosolo
- 🔪 Visit the historic centre of Galtelli

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folk & cultural experiences



SARDINIAN DANCES

Enjoy the Oliena folk group and their Sardinian dances.

cost	FREE OF CHARGE
duration	1 TO 2 HOURS
notes	usually combined with the king's Court experiential dinner. Check the experience dinner calendar to check when it's happening. There is also the possibility to privatize the show for groups of people.



TENORES NIGHT

Enjoy the typical singing of the tenores group of Oliena. Their deep voices they will take you to a memorable experience to Sardinia's ancient traditions.

cost	FREE OF CHARGE
duration	2 TO 3 HOURS
when	EITHER ON THURSDAY OR FRIDAY NIGHT
where	EITHER IN THE MAIN BAR "CIUSA" OR IN THE LUCKY TERRACE NEXT TO THE ART SHOPS
notes	The tenores singing is usually happening every friday of the season. Check the experience weekly plan with concierge



STAR GAZING

Star Gaze with astronomers from Nuoro and their professional telescopes. Su Gologone, that expands in 11 hectares, is the perfect location for star gazing as there isn't any light pollution in the area.

cost	FREE OF CHARGE
duration	2 TO 3 HOURS
when	EVERY SATURDAY NIGHT FROM MAY TO OCTOBER
where	IN THE DREAMS TERRACE



OPEN-AIR CINEMA

Discover Sardinia with Black and White movies from the 900 while relaxing in the Lucky Terrace.

cost	FREE OF CHARGE
duration	2 TO 3 HOURS ON ALTERNATE DAYS
when	from June to September
where	IN THE LUCKY TERRACE



ART PATHS

Learn and discover the unique artworks of the Sardinian Artists of the 900 collected through the years by the Owner of Su Gologone, Giovanna Palimodde.

cost	FREE OF CHARGE
duration	1 HOUR AND A HALF
where	RESTAURANT'S ROOMS AND HALLWAYS OF THE MAIN BUILDING
notes	Visit the 4 rooms of the main restaurant (Sala Melis, Sala Biasi, Sala Altara and Sala Tavolara) , and the "Saletta Lenci" next to the main bar. Also discover the collection of the Sardinia's typical costumes in the hallways of the Main building.



SU GOLOGONE LIBRARY

Immerse yourself in the art & history books of the Su Gologone's library. This cozy space is reserved to hotel guests where they can borrow these books to read during their stay.

cost	FREE OF CHARGE
where	DOWN THE MAIN TERRACE NEXT TO THE BLUE RUSTIC KITCHEN



VISIT THE HISTORIC CENTRE OF OLIENA

A guided visit in the historic centre of the village along ancient houses, murals, exhibitions and museums.

departure	MORNING, AFTERNOON
min. pax	2
cost	€ 100 P.P.
duration	2 HOURS
transfer	LAND ROVER: 15 minutes return
shoes	COMFORTABLE SHOES
difficulty	EASY
packed lunch	NOT INCLUDED
drinks	INCLUDED water
notes	There is also the possibility to combine the guided visit to the wine cellars of Oliena.



VISIT THE HISTORIC CENTRE OF ORGOSOLO

A guided visit in the historic centre of the village along ancient houses, murals, exhibitions and museums.

departure	MORNING, AFTERNOON
min. pax	2
cost	€ 120 P.P.
duration	3 HOURS
transfer	LAND ROVER: 40 minutes return
shoes	COMFORTABLE SHOES
difficulty	EASY
packed lunch	NOT INCLUDED
drinks	INCLUDED WATER
notes	There is also the possibility to combine the guided visit to the wine cellars of Orgosolo



VISIT THE HISTORIC CENTRE OF GALTELLI

In this visit we retrace the glimpses and locations of the tiny medieval village of Galtelli that Nobel Prize Grazia Deledda wrote about it in her book "Canne al Vento". A unique discovery of ancient cathedrals, castles and museum.

departure	MORNING, AFTERNOON
min. pax	2
cost	€ 120 P.P.
duration	3 HOURS
transfer	LAND ROVER: 60 minutes return
shoes	COMFORTABLE SHOES
difficulty	EASY
packed lunch	NOT INCLUDED
drinks	INCLUDED WATER



SU GOLOGONE

EXPERIENCE HOTEL

LOC. SU GOLOGONE - 08025 OLIENA (NU) - SARDINIA - ITALY

TELEPHONE +39 0784 287512 / +39 0784 287552 - FAX +39 0784 287668

INFO@SUGOLOGONE.IT - WWW.SUGOLOGONE.IT